

Key to Prophylaxis Regimens

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| Mef/Dox/ Mal | Mefloquine one tablet weekly OR Doxycycline 100mg daily OR Malarone one tablet daily |
| Dox or Mal only | Doxycycline 100mg daily OR Malarone one tablet daily |
| PC | Proguanil two tablets daily PLUS Chloroquine two tablets weekly |
| C | Chloroquine two tablets weekly (preferred regimen) OR Proguanil two tablets daily |
| R | No chemoprophylaxis required. Use insect repellents, mosquito nets and wear long sleeved clothing after dusk |
| x | No risk of malaria. No chemoprophylaxis or bite avoidance measures required |

| Country / Region | Area | Prophylaxis |
|----------------------------|--|---------------------------------------|
| AFGHANISTAN | Areas below 2000m between May – November | PC |
| ALBANIA | No risk of malaria | x |
| ALGERIA | Very low risk in the Illizi Department only, avoid mosquito bites | R |
| AMERICAN SAMOA | No risk of malaria | x |
| ANDORRA | No risk of malaria | x |
| ANGOLA | All areas | Mef/Dox/Mal |
| ANGUILLA | No risk of malaria | x |
| ANTIGUA and BARBUDA | No risk of malaria | x |
| ARGENTINA | <ul style="list-style-type: none"> Rural areas along northern border in the Chacos, Corrientes, Jujuy, Misiones and Salta provinces All other areas, including Iguacu Falls – very low risk, avoid mosquito bites | C R |
| ARMENIA | No risk of malaria | x |
| ARUBA | No risk of malaria | x |
| ASCENSION ISLAND | No risk of malaria | x |
| AUSTRALIA | No risk of malaria | x |
| AUSTRIA | No risk of malaria | x |
| AZERBAIJAN | Southern border areas between May – October | C |
| BAHAMAS | All areas – very low risk, avoid mosquito bites | R |
| BAHRAIN | No risk of malaria | x |
| BANGLADESH | <ul style="list-style-type: none"> South eastern areas including Chittagong Hill Tract districts All other areas – very low risk, avoid mosquito bites | Mef/Dox/Mal R |
| BARBADOS | No risk of malaria | x |
| BELARUS | No risk of malaria | x |
| BELGIUM | No risk of malaria | x |
| BELIZE | All rural areas, except no risk in Belize district or Belize City | C |
| BENIN | All areas | Mef/Dox/Mal |
| BERMUDA | No risk of malaria | x |
| BHUTAN | Southern districts only | PC |
| BOLIVIA | <ul style="list-style-type: none"> Amazon basin area in the departments of northern Beni, Pando and Santa Cruz Other rural areas below 2500m | Mef/Dox/Mal PC |
| BORNEO (Indonesian Borneo) | <ul style="list-style-type: none"> Kalimantan, all areas | PC |
| BORNEO (Malaysian Borneo) | <ul style="list-style-type: none"> Eastern inland areas of Sabah Inland forested areas of Sarawak Coastal areas of Sabah and Sarawak, and Kota Kinabalu - low risk | Mef/Dox/Mal PC R |
| BOSNIA and HERZEGOVINA | No risk of malaria | x |
| BOTSWANA | Northern half of the country between November – June | Mef/Dox/Mal |
| BRAZIL | <ul style="list-style-type: none"> The Amazon basin region All other areas, including Iguaçu Falls – very low risk, avoid mosquito bites | Mef/Dox/Mal R |
| BRUNEI DARUSSALAM | All areas – very low risk, avoid mosquito bites | R |
| BULGARIA | No risk of malaria | x |
| BURKINA FASO | All areas | Mef/Dox/Mal |
| BURUNDI | All areas | Mef/Dox/Mal |
| CAMBODIA | <ul style="list-style-type: none"> Mefloquine resistance present in western provinces All other areas, except no risk in Phnom Penh | Dox or Mal only Mef/Dox/Mal |
| CAMEROON | All areas | Mef/Dox/Mal |
| CANADA | No risk of malaria | x |
| CAPE VERDE | Small risk on the Island of Sao Tiago between August - November | R |
| CAYMAN ISLANDS | No risk of malaria | x |
| CENTRALAFRICAN REPUBLIC | All areas | Mef/Dox/Mal |
| CHAD | All areas | Mef/Dox/Mal |
| CHILE | No risk of malaria (including Easter Island) | x |
| CHINA | <ul style="list-style-type: none"> Yunnan and Hainan provinces (including Hainan Island) Remote rural areas below 1500m Main tourist areas, including Hong Kong and Yangtze cruises – very low risk, avoid mosquito bites | Mef/Dox/Mal C R |

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| COLOMBIA | Most areas below 1600m | Mef/Dox/Mal |
| COMOROS | All areas | Mef/Dox/Mal |
| CONGO | All areas | Mef/Dox/Mal |
| CONGO, DEMOCRATIC REPUBLIC OF (formerly Zaire) | All areas | Mef/Dox/Mal |
| COOK ISLANDS | No risk of malaria | x |
| COSTA RICA | <ul style="list-style-type: none"> Limon province, except no risk in the city of Limon (Puerto Limon) All other rural areas below 500m | C R |
| CÔTE D'IVOIRE | All areas | Mef/Dox/Mal |
| CROATIA | No risk of malaria | x |
| CUBA | No risk of malaria | x |
| CYPRUS | No risk of malaria | x |
| CZECH REPUBLIC | No risk of malaria | x |
| DENMARK | No risk of malaria (including Faroe Islands) | x |
| DJIBOUTI | All areas | Mef/Dox/Mal |
| DOMINICA | No risk of malaria | x |
| DOMINICAN REPUBLIC | All areas | C |
| EAST TIMOR (Timor Leste) | All areas | Mef/Dox/Mal |
| ECUADOR | <ul style="list-style-type: none"> Esmeraldas province and the Amazon basin area All other areas below 1500m, except no risk in Galapagos Islands, Guayaquil or Quito | Mef/Dox/Mal PC |
| EGYPT | <ul style="list-style-type: none"> El Faiyûm (Al Fayyûm) area between June – October (this area is 50 miles south west of Cairo) All other areas – very low risk, avoid mosquito bites | C R |
| EL SALVADOR | Santa Ana, Ahuachapán and La Unión provinces in western El Salvador | C |
| EQUATORIAL GUINEA | All areas | Mef/Dox/Mal |
| ERITREA | All areas | Mef/Dox/Mal |
| ESTONIA | No risk of malaria | x |
| ETHIOPIA | Areas below 2000m, except no risk in Addis Ababa | Mef/Dox/Mal |
| FALKLAND ISLANDS | No risk of malaria | x |
| FIJI | No risk of malaria | x |
| FINLAND | No risk of malaria | x |
| FRANCE | No risk of malaria | x |
| FRENCH GUIANA | All areas, especially borders | Mef/Dox/Mal |
| FRENCH POLYNESIA | No risk of malaria (including Bora Bora Islands and Tahiti) | x |
| GABON | All areas | Mef/Dox/Mal |
| GAMBIA | All areas | Mef/Dox/Mal |
| GEORGIA | South eastern villages between July – October | R |
| GERMANY | No risk of malaria | x |
| GHANA | All areas | Mef/Dox/Mal |
| GIBRALTAR | No risk of malaria | x |
| GREECE | No risk of malaria | x |
| GRENADA | No risk of malaria | x |
| GUADELOUPE | No risk of malaria | x |
| GUAM | No risk of malaria | x |
| GUATEMALA | Areas below 1500m | C |
| GUINEA | All areas | Mef/Dox/Mal |
| GUINEA-BISSAU | All areas | Mef/Dox/Mal |
| GUYANA | <ul style="list-style-type: none"> All interior areas Georgetown and coastal areas - low risk, avoid mosquito bites | Mef/Dox/Mal R |
| HAITI | All areas | C |
| HAWAII | No risk of malaria | x |
| HONDURAS | All areas | C |
| HONG KONG (see CHINA) | All areas - very low risk, avoid mosquito bites | R |
| HUNGARY | No risk of malaria | x |
| INDIA | <ul style="list-style-type: none"> Assam Low risk in southern states of Karnataka, Kerala, Tamil Nadu; southern Andhra Pradesh (including Hyderabad) Low to no risk in the cities of Delhi and Mumbai (but not the state of Maharashtra, see below) Low to no risk in the northern states of Haryana, Himachal Pradesh, Jammu and Kashmir, Punjab, Rajasthan (including Jaipur), Sikkim, Uttarakhand and Uttar Pradesh (including Agra). However if patients are travelling overland between these areas they may be passing through areas of greater risk and require prophylaxis. Most other areas not listed above including Goa, Gujarat, Maharashtra and the Andaman and Nicobar Islands Lakshadweep Islands | Mef/Dox/Mal R PC x |

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| INDONESIA and JAVA (see also Borneo - Indonesian Borneo) | <ul style="list-style-type: none"> Papua (Irian Jaya) and Lombok Rural areas Bali, and cities on the islands of Java and Sumatra | Mef/Dox/Mal PC R |
| IRAN | <ul style="list-style-type: none"> South eastern rural areas between March – November Northern border with Azerbaijan between May – October All other areas – very low risk, avoid mosquito bites | PC C R |
| IRAQ | <ul style="list-style-type: none"> Northern rural areas between May – October All other areas | C R |
| ISRAEL | No risk of malaria | x |
| ITALY | No risk of malaria | x |
| IVORY COAST | All areas | Mef/Dox/Mal |
| JAMAICA | All areas – very low risk, avoid mosquito bites (sporadic cases reported in Kingston) | R |
| JAPAN | No risk of malaria | x |
| JORDAN | No risk of malaria | x |
| KAZAKHSTAN | No risk of malaria | x |
| KENYA | <ul style="list-style-type: none"> Main urban areas of Nairobi – very low risk, avoid mosquito bites All other areas below 2500m | R Mef/Dox/Mal |
| KIRIBATI | No risk of malaria | x |
| KOREA | Border area between North and South | R |
| KOSOVO | No risk of malaria | x |
| KUWAIT | No risk of malaria | x |
| KYRGYZSTAN | <ul style="list-style-type: none"> South western areas between May – October All other areas – very low risk, avoid mosquito bites | C R |
| LAOS | All areas, except no risk in Vientiane | Mef/Dox/Mal |
| LATVIA | No risk of malaria | x |
| LEBANON | No risk of malaria | x |
| LESOTHO | No risk of malaria | x |
| LIBERIA | All areas | Mef/Dox/Mal |
| LIBYA | All areas – very low risk, avoid mosquito bites | R |
| LIECHTENSTEIN | No risk of malaria | x |
| LITHUANIA | No risk of malaria | x |
| LUXEMBOURG | No risk of malaria | x |
| MACEDONIA | No risk of malaria | x |
| MADAGASCAR | All areas | Mef/Dox/Mal |
| MALAWI | All areas | Mef/Dox/Mal |
| MALAYSIA (see also Borneo - Malaysian Borneo) | <ul style="list-style-type: none"> Peninsular Malaysia inland forested areas, including Taman Negara National Park All other areas including Cameron Highlands, Kuala Lumpur and Penang – very low risk, avoid mosquito bites | PC R |
| MALDIVES | No risk of malaria | x |
| MALI | All areas | Mef/Dox/Mal |
| MALTA | No risk of malaria | x |
| MARSHALL ISLANDS | No risk of malaria | x |
| MARTINIQUE | No risk of malaria | x |
| MAURITANIA | <ul style="list-style-type: none"> North of the country between July – October South of the country all year round | Mef/Dox/Mal Mef/Dox/Mal |
| MAURITIUS | All areas – very low risk, avoid mosquito bites | R |
| MAYOTTE | All areas | Mef/Dox/Mal |
| MEXICO | <ul style="list-style-type: none"> Southern states of Oaxaca and Chiapas All other areas – very low risk, avoid mosquito bites | C R |
| MICRONESIA | No risk of malaria | x |
| MOLDOVA | No risk of malaria | x |
| MONACO | No risk of malaria | x |
| MONGOLIA | No risk of malaria | x |
| MONTENEGRO | No risk of malaria | x |
| MONTSERRAT | No risk of malaria | x |
| MOROCCO | No risk of malaria | x |
| MOZAMBIQUE | All areas | Mef/Dox/Mal |
| MYANMAR (formerly Burma) | <ul style="list-style-type: none"> Mefloquine resistance in eastern part of Shan State All other areas | Dox or Mal only Mef/Dox/Mal |
| NAMIBIA | <ul style="list-style-type: none"> Areas along Kavango and Kunene Rivers all year round Northern third of the country between November – June | Mef/Dox/Mal Mef/Dox/Mal |
| NAURU | No risk of malaria | x |

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| NEPAL | Areas below 1500m including Terai districts, except no risk in Kathmandu | PC |
| NETHERLANDS | No risk of malaria | x |
| NETHERLANDS ANTILLES | No risk of malaria (including Saint Martin) | x |
| NEW CALEDONIA | No risk of malaria | x |
| NEW ZEALAND | No risk of malaria | x |
| NICARAGUA | <ul style="list-style-type: none"> City of Managau - very low risk, avoid mosquito bites All other areas | R C |
| NIGER | All areas | Mef/Dox/Mal |
| NIGERIA | All areas | Mef/Dox/Mal |
| NIUE | No risk of malaria | x |
| NORWAY | No risk of malaria | x |
| OMAN | Remote rural areas of Musandam province | PC |
| PAKISTAN | Areas below 2000m | PC |
| PALAU | No risk of malaria | x |
| PANAMA | <ul style="list-style-type: none"> East of Panama Canal West of Panama Canal Low risk in Panama City and for cruises on Panama Canal | PC C R |
| PAPUA NEW GUINEA | All areas below 1800m | Mef/Dox/Mal |
| PARAGUAY | Rural areas | C |
| PERU | <ul style="list-style-type: none"> Amazon basin area Rural areas east of the Andes and west of Amazon basin below 1500m All other areas including the south coast and Lima – very low risk, avoid mosquito bites | Mef/Dox/Mal PC R |
| PHILIPPINES | <ul style="list-style-type: none"> Rural areas below 600m No risk in cities and the islands of Cebu, Bohol and Catanduanes | PC x |
| PITCAIRN ISLANDS | No risk of malaria | x |
| POLAND | No risk of malaria | x |
| PORTUGAL | No risk of malaria (including Azores and Madeira) | x |
| PUERTO RICO | No risk of malaria | x |
| QATAR | No risk of malaria | x |
| RÉUNION ISLAND | No risk of malaria | x |
| ROMANIA | No risk of malaria | x |
| RUSSIA | No risk of malaria | x |
| RWANDA | All areas | Mef/Dox/Mal |
| SAINT HELENA | No risk of malaria | x |
| SAINT KITTS and NEVIS | No risk of malaria | x |
| SAINT LUCIA | No risk of malaria | x |
| SAINT PIERRE and MIQUELON | No risk of malaria | x |
| SAINT VINCENT and the GRENADINES | No risk of malaria | x |
| SAMOA | No risk of malaria | x |
| SAN MARINO | No risk of malaria | x |
| SÃO TOMÉ and PRÍNCIPE | All areas | Mef/Dox/Mal |
| SARDINIA | No risk of malaria | x |
| SAUDI ARABIA | <ul style="list-style-type: none"> South western provinces and rural areas in the west All other areas including Jeddah, Mecca, Medina and high altitude areas of Asir province – no risk of malaria | PC x |
| SENEGAL | All areas | Mef/Dox/Mal |
| SERBIA | No risk of malaria | x |
| SEYCHELLES | No risk of malaria | x |
| SIERRA LEONE | All areas | Mef/Dox/Mal |
| SINGAPORE | All areas – very low risk, avoid mosquito bites | R |
| SLOVAKIA | No risk of malaria | x |
| SLOVENIA | No risk of malaria | x |
| SOLOMON ISLANDS | All areas | Mef/Dox/Mal |
| SOMALIA | All areas | Mef/Dox/Mal |
| SOUTH AFRICA | <ul style="list-style-type: none"> Low altitude areas of Limpopo and Mpumalanga including Kruger National Park and KwaZulu-Natal as far south as Jozini All other areas – very low risk, avoid mosquito bites | Mef/Dox/Mal R |

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| SPAIN | No risk of malaria (including Balearic and Canary Islands) | x |
| SRI LANKA | <ul style="list-style-type: none"> North of, and including, Vavuniya All other areas, including Colombo and Kandy | PC R |
| SUDAN | All areas | Mef/Dox/Mal |
| SURINAME | All areas, except no risk in the city of Paramaribo or coastal areas | Mef/Dox/Mal |
| SWAZILAND | All areas | Mef/Dox/Mal |
| SWEDEN | No risk of malaria | x |
| SWITZERLAND | No risk of malaria | x |
| SYRIA | Northern border between May – October | C |
| TAIWAN | No risk of malaria | x |
| TAJIKISTAN | All areas between June – October (especially the southern border) | PC |
| TANZANIA | All areas (including Pemba and Zanzibar) | Mef/Dox/Mal |
| TASMANIA | No risk of malaria | x |
| THAILAND | <ul style="list-style-type: none"> Near borders with Myanmar (Burma), Cambodia and Laos – mefloquine resistance present All other areas including Chiang Mai, Chiang Rai, Ko Chang and Ko Samui Islands, Kwai bridge, Pattaya and Phuket – very low risk, avoid mosquito bites No risk in Bangkok | Dox or Mal only R x |
| TIBET | No risk of malaria | x |
| TOGO | All areas | Mef/Dox/Mal |
| TOKELAU | No risk of malaria | x |
| TONGA | No risk of malaria | x |
| TRINIDAD and TOBAGO | No risk of malaria | x |
| TUNISIA | No risk of malaria | x |
| TURKEY | <ul style="list-style-type: none"> Border with Syria, plain around and east of Adana between March – November All other areas – very low risk, avoid mosquito bites | C R |
| TURKMENISTAN | No risk of malaria | x |
| TURKS and CAICOS ISLANDS | No risk of malaria | x |
| TUVALU | No risk of malaria | x |
| UGANDA | All areas | Mef/Dox/Mal |
| UKRAINE | No risk of malaria | x |
| UNITED ARAB EMIRATES | No risk in any area, including Abu Dhabi, Ajman, Dubai, Sharjah, and Umm al-Qaiwain | x |
| URUGUAY | No risk of malaria | x |
| USA | No risk of malaria | x |
| UZBEKISTAN | Sporadic cases in south eastern areas – very low risk, avoid mosquito bites | R |
| VANUATU | All areas | Mef/Dox/Mal |
| VENEZUELA | <ul style="list-style-type: none"> Amazon basin area, Angel Falls and areas south of and including Orinoco River Rural areas north of Orinoco River No risk in Caracas or Margarita Island | Mef/Dox/Mal PC x |
| VIET NAM | <ul style="list-style-type: none"> Cities, Mekong River until close to the Cambodian border and the coastal areas, from Hanoi down to Ho Chi Minh Rural areas in the southern part of the country in the provinces of Dac Lac, Gia Lai, Kon Tum, Lam Dong and Tay Ninh - mefloquine resistance present All other areas | R Dox or Mal only Mef/Dox/Mal |
| VIRGIN ISLANDS (British and American) | No risk of malaria (including Tortola) | x |
| WAKE ISLANDS | No risk of malaria | x |
| WALLIS and FUTUNA ISLANDS | No risk of malaria | x |
| YEMEN | All areas, except no risk in Sana'a city | PC |
| ZAMBIA | All areas | Mef/Dox/Mal |
| ZIMBABWE | <ul style="list-style-type: none"> Zambezi valley and Victoria Falls all year round All other areas below 1200m between November – June Harare and Bulawayo – very low risk, avoid mosquito bites | Mef/Dox/Mal Mef/Dox/Mal R |

Please remember: No prophylaxis regimen is 100% effective so it is important that you advise your customers to take adequate measures to avoid being bitten.

Key to Prophylaxis Regimens

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|----------------------------|--|
| Mef/Dox/ Mal | Mefloquine one tablet weekly OR Doxycycline 100mg daily OR Malarone one tablet daily |
| Dox or Mal only | Doxycycline 100mg daily OR Malarone one tablet daily |
| PC | Proguanil two tablets daily PLUS Chloroquine two tablets weekly |
| C | Chloroquine two tablets weekly (preferred regimen) OR Proguanil two tablets daily |
| R | No chemoprophylaxis required. Use insect repellents, mosquito nets and wear long sleeved clothing after dusk |
| x | No risk of malaria. No chemoprophylaxis or bite avoidance measures required |